

Hot Lunch

<i>Veggie Burger</i> Tomato	6.55
<i>Hamburger</i> Choice of Swiss or American Cheese	7.60
<i>Grilled Cheese</i> Swiss or American / Ham / Bacon / Tomato	5.80
<i>Grilled Chicken Breast Sandwich</i> Bread or Roll / Lettuce, Tomato	6.85
<i>BLT Sandwich</i> Choice of Bread	6.05
<i>Cauliflower Rice Bowl</i> Beans & peppers, choice of Chicken, shrimp or steak	6.85
<i>Seasoned Wedge Fries</i> Baked	2.80
<i>Turkey BLT with Avocado</i> Whole Wheat Ciabatta Bread	6.55

Chef's Special

*Changes daily, please be sure to
enquire what the day's special is.
You might just love it!!*

Wellspring
LUNCH
Monday to Friday
11:15 am to 2:00 pm

Sandwiches

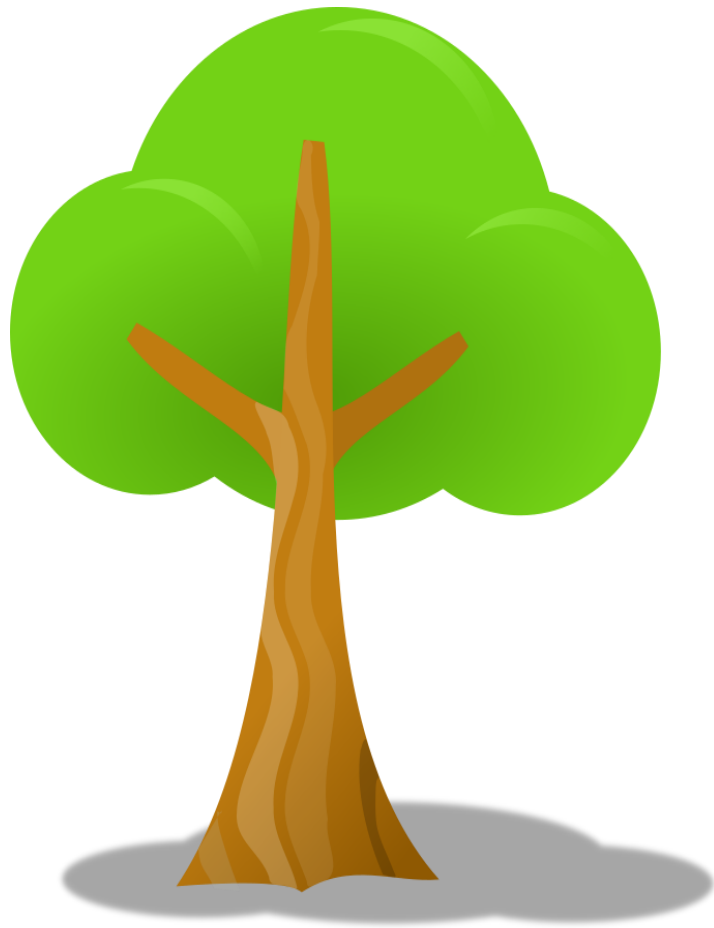
<i>Deli Sandwiches</i> Ham / Turkey / Cheese / Egg Salad Tuna Salad / Chicken Salad	6.55	<i>BLT Wrap</i>	6.55
<i>Chicken Fajita</i> Sliced chicken breast, peppers, onions and cheddar blend	6.85	<i>Egg Salad on a toasted croissant</i>	5.30

Lunch Specials

<i>Build Your Own Wrap</i> Chicken, Turkey or Shrimp, with your choice of fillings, please ask your server for a full list available	6.85
<i>Taco Salad</i> Seasoned ground beef, red onion, tomatoes, cheese, salsa & avocado	6.85

Salads

<i>Chicken Salad</i> Grapes, carrots, celery, & mandarin oranges	6.55
<i>Winter Waldorf Salad</i> Apples, walnuts, spinach, blue cheese, fennel, and apricots with a cranberry yogurt dressing	6.10
<i>South American Salad</i> Quinoa, chickpea, cucumber, peppers, onions, black beans tossed in lemon oil	6.10



The Osborn uses trans fat free oils in all of our cooking and frying.



WELLSPRING
Café

LUNCH MENU

Monday through Friday

11:15 am to 2:00 pm

Phone: 925-8269